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Jen ator (author of shape- up shortcuts) -

Jen Ator is the author of Shape-Up Shortcuts (3.50 avg rating, 8 ratings, 0 reviews, published 2013) and Shape-Up Shortcuts (4.00 avg rating, Jen Ator
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Miscellaneous Miscellany Monday: Jen Ator and the editors of Women's Health Magazine released a new book last week titled Shape-Up Shortcuts: Score a Hotter

Shape- up shortcuts : score a hotter, healthier

Shape-Up Shortcuts : Score a Hotter, Healthier Body in Half the Time! (Jen Ator) at Booksamillion.com. You probably have enough on your to-do list, and adding hours

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Shape-up shortcuts : score a hotter, healthier body in half the time!, Jen Ator, CSCS, and the editors of Women's Health. 9781623362058 (electronic bk.), Toronto

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Jen ator (author of shape- up shortcuts) -

Jen Ator is the author of Shape-Up Shortcuts (3.50 avg rating, 8 ratings, 0 reviews, published 2013) and Shape-Up Shortcuts (4.00 avg rating,

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Jen ator: women's health magazine fitness

Jen Ator shares with us her Jen is the author of Shape-Up Shortcuts: Score a HOTTER, HEALTHIER BODY in six-time Ironman Champion Luke McKenzie

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Fast Healthy Weight Loss Jen Ator of Women's Health magazine shows ways to score a healthier, hotter body in half the time. Fast Healthy Weight Loss

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Jen Ator, CSCS, is the fitness Jen has appeared on the Today show, Extra, Shape-Up Shortcuts: Score a HOTTER, HEALTHIER BODY in HALF THE TIME!

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